

NEWLAND EXPEDITIONS WINTER 2024

Cross country ski taster trip



When time is of the essence, or you're not quite sure about a whole week devoted to an activity you've never tried before...why not try our short taster trip? Short travel distance from the airport, learn to cross country ski, pull a pulk, set up a tent in winter conditions, and sleep out in a tent for a night. Try it and see for yourself ☺

Dates: 16 – 19. Jan 2024 **2 spaces**
27. – 31. Jan 2024 **Full**

Winter Polar Training Course



Winter in Norway is simply fantastic, with 2-3 metres of snow and magical light. Join us high up in the Norwegian mountains around Gaustatoppen for this introductory course to learn the skills you need to enjoy the mountains safely, learn to ski, pull a pulk, make emergency survival, shelters, and sleep out for 3 nights in a tent – a great starting point for your first polar expedition.

Dates: 20. – 27. Jan 2024 **Full**
4. – 11. Feb 2024 **3 spaces**

Ski technique training course



Reached a plateau with your ability to get down a steep slope without your pulk taking you out, or find that you're taking twice as many steps as you need because your skis aren't gliding so well? Skills learning can improve so much quicker with some bespoke training and tuition. Overnight accommodation indoors, so you can focus on the skiing!

Date: 27. – 31. Jan 2024 **Full**

Crossing Norway



This 'classic' adventure, skiing from just inside the Swedish border to the Norwegian west coast, covers 70km of mountainous scenery in the Trøndelag region at 63 degrees north. A very varied ski expedition through the Syllan mountains. It could also be called 'To Hell and back...' – the name of the place where we start and finish!

Date: 19. – 25. Feb 2024 **Full**

Hardangervidda North



Refresh your cross country polar skills whilst skiing from the tiny settlement of Haugastøl to Geilo over the northern edge of this 'classic' high arctic plateau. Our journey covers 50km of mountainous scenery, skiing an average distance of 12km per day over 4.5 days - a great 'next step' to consolidate skills before longer more remote trips and expeditions.

Date: 26 Feb – 3 Mar 2024 **Full**

Hardangervidda Crossing



A committing journey travelling 115km in 7.5 days of skiing over the high arctic plateau of the Hardanger – famous for its links with the WW2 Heroes of Telemark, and used as a training ground by Amundsen before his expedition to the South Pole. (also known for its challenging weather!). A great journey which will quickly develop efficient polar routines.

Date: 2. – 10. March 2024 **1 space**

Rondane hut to hut trip



Skiing above the tree line in the Rondane Norwegian mountains - this trip is ideally suited to those who are keen to learn to pull a lightweight pulk with everything they need to 'overnight indoors' at a variety of mountain lodges and hyttes – plenty of time to find out about the Norwegian hytte system...and to stop off to eat waffles en route!

Date: 9. – 14. Mar 2024 **3 spaces**

Skarvheimen Easter adventure



If you've already done some ski trips and simply want to spend time soaking up the stunning Norwegian mountain scenery of Skarvheimen (north from Finse), we stay at DNT Geiterygghytte. This gives us the opportunity to ski a peak or two without pulks this time, to enjoy the wholesome food, and great hospitality at the hytte. Chill out in front of the log fire ☺

Date: 27. – 31. Mar 2024

Winter polar bespoke



Can't see a trip that suits you? Contact us - with great snow and ice conditions in both Norway and Svalbard, we can put together a trip tailored to specific group departures, bespoke group plans, or individual needs eg. ski race preparation, technique training, or simply having fun. ☺

Date: Jan, Feb, March, April 2024

Svalbard Crossing on skis



Wild and magnificent – this is untouched Svalbard beyond the snowmobile tracks, trails and traditional tourist routes. Polar bears have been spotted on several previous trips. A perfect trip for exploring the east coast, or for those simply wanting to discover more about Svalbard history and glaciology.

Date: 22. Mar – 2. April 2024 **Full**
9. – 20. April 2024 **Full**

Svalbard Explorer



Our 7 day ski tour on the northern fringe of Europe, is a great starting point to explore the polar regions 'close-up' – it's purposely designed to give an action-packed ski adventure in a short period of time. This is a unique opportunity to learn what it's like to be on tour in 'winter time' in a polar environment.

Date: 1. – 9. April 2024 **Full**

Svalbard polar taster



Intrigued by this high arctic archipelago - the closest habitation to the North Pole? Beginner on skis or new to winter camping? Even on our taster trip, which includes a night out camping, the increased 'wilderness aspect' of these experiences will likely affect you with a lifetime desire to keep returning to fulfill your 'polar bug'.

Date: 3. – 7. April 2024 **Full**
8. – 12. April 2024 **1 space**

Bespoke Training & logistics



Planning a speed crossing of the Greenland icecap, skiing all the way to the North or South Pole, undertaking your own personal challenge or a group booking? Ask about our advice and support service, training plans, logistics, and communications. We can help you achieve your goal.

Date: All year

North Pole Last Degree ski



The North Pole has it all with pressure ridges, open water, and a labyrinth of ice and snow that forms a magical scenery where the sun never sets. This is a 10-day ski adventure for the true explorer with the same food, equipment, and polar routines as a full crossing of the Polar Ocean.

Date: April 2025

North Pole half degree ski



This is the perfect trip for explorers to encounter a smaller taste of life at the North Pole than the last degree ski journey. With five nights in a tent, you will return with amazing memories of this unique landscape and the mesmerizing lighting effects of the ever-changing polar ocean.

Dates: April 2025

North Pole express



Celebrate your overnight experience at the North Pole with one of our highly experienced guides. Magical and untouched, with 1000 km to the nearest neighbour, we will be positioned at a unique point on our planet where all the time zones meet.

Dates: April 2025

Greenland preparation training



Completing one of the 'big three' polar expeditions requires good ski technique and excellent preparation. Be clear what you are signing up for - the whole team need to reach the east coast successfully when the trip is due to take place in April 2025. This course takes place in Svalbard.

Date: 4. – 7. April 2024 **2 spaces**

Crossing Greenland



Crossing Greenland on skis is one of our most beautiful, but physically demanding, trips on skis. 560 km pulling a sledge weighing 60 kg requires good preparations, and training. One of the 'big three' polar expeditions, alongside full distance skiing to the South Pole. Please contact us, if interested in this trip. ☺

Date: April 2025

Rando ski taster, Hemsedal



Join us on this short taster trip, to discover another way to enjoy fantastic Norwegian mountains in winter – learn about techniques, equipment needed, avalanche awareness when on steeper ground. First night indoors before heading out to our basecamp. Enjoy those exhilarating descents!

Date: April & May 2024

Josten på langs



First crossed in 1789, this classic 4-day Spring glacier ski trip remains a firm favourite, and is simply one of those 'must do' trips. After a steep uphill onto the glacier, we spend two nights in tents amongst stunning mountain and glacial scenery, before our steep descent back down to Fjærland.

Date: May 2024

South Pole - Ski All The Way



This is the longest organized and guided ski trip in the world. With proper training, equipment, motivation and nutrition everyone can actually do this trip. After a week of skiing you get into the routines and every day you are one step closer to the geographical South Pole. Join us on this extreme adventure ☺

Date: Nov 2024 – Jan 2025

South Pole Last degree on skis



The South Pole plateau is a lifetime dream for many, yet achieved only by a few. The altitude, the "big sky" and the endless terrain combine to create an environment that presents challenges like nowhere else on earth. Join us for a week skiing to the world's most southerly point.

Date: Dec 2024 & Jan 2025

Mt. Vinson Antarctica's highest



Join us on this trip to the highest point on Antarctica, which is also one of the 7 summits. With our highly experienced logistics and a success rate of more than 97%, you will be in good hands in a spectacular area on the most remote continent in the world.

Date: Dec 2024 & Jan 2025

South Pole Antarctic adventure



1,5 times larger than Europe, 3000 metres of glacier, nunataks and an Antarctic adventure of a lifetime. Come with us on this spectacular trip to the Amundsen-Scott base at 90 degrees south, exploring this enormous majestic and almost inaccessible continent.

Date: Dec 2024 & Jan 2025

Newland Expeditions is distinguished by its entirely unique guided cross country ski tours, polar expeditions, and training courses. Learn from our personal experience over the last 20 years, guiding in all of these Arctic, Antarctic and Norwegian locations on many occasions.

Our main focus will always be on safety and high quality – employing some of the most highly skilled professional guides in the market, utilising well-proven equipment, using 'tried and tested' polar routines, and providing the best expedition food plan – all combining to make amazingly memorable once-in-a-lifetime experiences. Only the best is good enough for you as our participant.

We are always looking to improve, making the details a little bit better, but most of all, to deliver more than expected...and to have fun. We hope to see you on tour with us soon!