

NEWLAND EXPEDITIONS

WINTER 2026

Winter Polar training



Winter in Norway is simply fantastic, with 2-3 metres of snow and magical light. Join us high up in the Norwegian mountains around Hemsedal for this introductory course to learn the skills you need to enjoy the mountains safely, learn to ski, pull a pulk, make emergency snowshelters, and sleep out for 3 nights in a tent – a great starting point for your first polar expedition.

Dates: 18. – 25. Jan 2026
 25. Jan – 1. Feb 2026 **3 spaces**

Ski technique training



Reached a plateau with your ability - getting down a steep slope without your pulk taking you out, or find that you're taking twice as many steps as you need because your skis aren't gliding so well? Keen to learn more about winter navigation, or polar race preparation? Skills learning can improve so much quicker with some bespoke training and tuition.

Dates: 11. – 15. Jan 2026 **2 spaces**

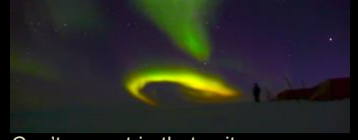
Polar training refresher



Already able to cross country ski, yet you need the experience of learning the tricks and tips for polar camping and skiing with a pulk? Is it a few years since you put on skis and camped out, and looking for a refresher? This training will serve as a gateway to learn the skills for participating in our more remote polar trips, where there is no 'indoor option' when 'on tour'.

Dates: 11. – 16. Jan 2026 **1 space**

Winter polar bespoke



Can't see a trip that suits you or your group? Contact us - we can put together a trip tailored to specific group departures, bespoke group plans, or individual needs eg. ski race preparation, technique training, or simply having fun together in Norway or Svalbard. ☺

Dates: Jan, Feb, March, April 2026

South Pole (guided) training



This 9 day winter polar training course is specifically aimed at those preparing towards a future guided ski expedition to the geographic South Pole with our preferred Antarctic provider – Antarctic Logistics & Expeditions (ALE). It also covers the 'first stage' of preparation for those going on to participate in a full distance guided ski expedition to the South Pole.

Date: 25 Jan- 2 Feb 2026 **2 spaces**

South Pole Full Distance training



We are very well acquainted with the conditions and skills to be able to succeed skiing to the South Pole. All previous individuals and groups we have trained, have reached their objective. In addition to the 9 day course, this training will enable you to consolidate your experience needed before undertaking a guided full distance South Pole ski expedition with our preferred Antarctic provider - ALE.

Date: 15. – 29. Mar 2026

Skarvheimen hut to hut tour



Skiing high up in the Skarvheimen Norwegian mountains north of Finse, this journey covers between 12-16km each day. We ski with lightweight pulks, and stay 'overnight indoors' at a variety of mountain hyttes. There will be plenty of opportunities along the way, to improve your ski technique, especially on the downhill! Ideal for those who already have some cross country ski experience.

Date: 8. – 14. Mar 2026 **1 space**

Hardangervidda Crossing



A committing journey travelling 100km over the high arctic plateau of the Hardanger, from Haugastøl on the northern edge to Rjukan in the south – this is an area famous for its links with the WW2 Heroes of Telemark, and used as a training ground by Amundsen before his expedition to the South Pole. A great journey which will quickly develop efficient polar routines.

Date: 15. – 23. Mar 2026

Svalbard crossing on skis



Wild and magnificent – this is untouched Svalbard beyond the snowmobile tracks, trails and traditional tourist routes. Polar bears have been spotted on several previous trips. A perfect 8 day ski trip for exploring the east coast, or for those simply wanting to discover more about Svalbard history and glaciology.

Date: 11. – 21. April 2026 **2 spaces**

Svalbard multi-activity



Intrigued by this high arctic archipelago - the closest habitation to the North Pole? Are you a beginner on cross country skis and ski touring equipment, or first time hiking and dog-sledding in the polar environment? Beware - these experiences will likely affect you with a lifetime desire to keep returning to fulfill your 'polar bug'.

Date: 20. - 24. April 2026

Svalbard hiking



24 hours daylight and long comparatively warm summer days, our hiking day trips take in journeys to the top of the mountains above the town of Longyearbyen, and other options further out of town. It will be a true remote and wild adventure, each day exploring this dramatic high Arctic polar landscape.

Date: 20. – 24. April 2026

Svalbard Cross country skiing



Our cross country skiing day trip programme is specifically aimed at those who already have some experience on these kind of skis, and are keen to explore the glaciers and valleys of Svalbard, whilst enjoying their accommodation 'indoors' each night! Each day is designed to give a different polar ski opportunity over these few days.

Date: 24. – 29. April 2026

Randonee – Norway



This is our introductory course to randonee (ski touring). We aim to provide the best technical training available, taking you from the first few days spent on pisted practice slopes, to mountain day trips skiing out from our basecamp, where we overnight for 3 days.

Date: 8. – 15. Mar 2026

Randonee advanced – Svalbard



Now you have the ski touring skills to go further, steeper, and more remote. Put your randonee skills into practice in Svalbard – the high arctic wilderness gem. From day trips near to 'town' to refresh our skills, we then head further out for more day trip adventures accessed by snowmobiles.

Date: 12. – 17. April 2026

North Pole Last Degree ski



The North Pole has it all with pressure ridges, open water, and a labyrinth of ice and snow that forms a magical scenery where the sun never sets. This is a 10-day ski adventure for the true explorer with the same food, equipment, and polar routines as a full crossing of the Polar Ocean.

Date: April

Crossing Greenland



Crossing Greenland on skis is one of the most beautiful, but physically demanding, ski journeys. 560km pulling a sledge weighing 60 kg requires good preparations, and training. One of the 'big three' polar expeditions, alongside full distance skiing to the South Pole. Please contact us, if interested in this trip.

Date: May 2026

Bespoke Training & logistics



Planning a speed crossing of the Greenland icecap, skiing all the way to the North or South Pole, undertaking your own personal challenge or a group booking? Ask about our advice and support service, training plans, logistics, and communications. We can help you achieve your goal.

Date: All year

Talks



The saying goes 'there's no short cut to experience'...and we've lived the polar expedition life for more than 21 years! Our passion is to share our experiences – types of illustrated talks include The Poles, Expedition preparation & coaching, Motivation, and Nutrition.

Date: All year

South Pole - Ski All The Way



This is the longest organized and guided ski trip in the world. With proper training, equipment, motivation and nutrition everyone can actually do this trip. After a week of skiing you get into the routines and every day you are one step closer to the geographical South Pole. Join us on this extreme adventure ☺

Date: 18. Nov 2025 – 16 Jan 2026

South Pole Last degree on skis



The South Pole plateau is a lifetime dream for many, yet achieved only by a few. The altitude, the "big sky" and the endless terrain combine to create an environment that presents challenges like nowhere else on earth. Join us for a week skiing to the world's most southerly point.

Dates: 7. – 18. Dec 2025
18. – 30. Dec 2025
4. – 16. Jan 2026

Mt. Vinson Antarctica's highest



Join us on this trip to the highest point on Antarctica, which is also one of the 7 summits. With our highly experienced logistics and a success rate of more than 97%, you will be in good hands in a spectacular area on the most remote continent in the world.

Dates: 7. – 18. Dec 2025
18. – 30. Dec 2025
30. Dec 2025 – 10. Jan 2026
10. – 21. Jan 2026

South Pole Antarctic adventure



1,5 times larger than Europe, 3000 metres of glacier, nunataks and an Antarctic adventure of a lifetime. Come with us on this spectacular trip to the Amundsen-Scott base at 90 degrees south, exploring this enormous majestic and almost inaccessible continent.

Dates: 30. Dec 2025 - 4. Jan 2026
16. – 21. Jan 2026

Newland Expeditions is distinguished by its entirely unique guided cross country ski tours, polar expeditions, and training courses. Learn from our personal experience over the last 21 years, guiding in all of these Arctic, Antarctic and Norwegian locations on many occasions.

Our main focus will always be on safety and high quality – employing some of the most highly skilled professional guides in the market, utilising well-proven equipment, using 'tried and tested' polar routines, and providing the best expedition food plan – all combining to make amazingly memorable once-in-a-lifetime experiences. Only the best is good enough for you as our participant.

We are always looking to improve, making the details a little bit better, but most of all, to deliver more than expected...and to have fun. We hope to see you on tour with us soon!